

Wolford Clinic News

The Art of Well-Being

SEVENTH EDITION

JULY, 2010

JULY

News you can use for Referrals:

What makes the Wolford Clinic different than most Massage Therapy Franchises!

- As a client you will receive the full amount of time: 1hr or 1.5 hr massage means 60 or 90 minutes of hands on massage therapy.
- Time for tips and advice afterwards.
- ½ price for full-time students
- One free 60 minute Birthday Massage Session
- Low rates
- Special Add-ons
- Centrally located in peaceful Prairie Village
- In the same office as a skin care specialist, Sally Caesar, RN
- Tom uses all his expertise in each session with one base price
- Tips are appreciated but not necessary. My biggest tip is a paid referral that you make and you get compensated for 30 minutes free. National massage chains ask you to tip the therapist because they are paid so low for each session and they are not paid an hourly rate. A new massage therapist at Massage Envy will be paid as low as \$12 a session*.

**Source for this information:*

http://www.payscale.com/research/US/Job=Massage_Therapist/Hourly_Rate

JULY OUT OF OFFICE DATES

July 7th through July 11th.

ANNOUNCING NEW PRICES

New Prices

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1 hour massage therapy - \$55.00

90 minute massage therapy - \$75.00

2 hour massage therapy- \$105.00

WOLFORD CLINIC JULY HAPPENING

Meditation class - Wednesday 6:00 PM, July 28, 2010

with Wendy Garret

Intuitive, Channel, Author of Talking to Nightlights.
www.wendyscoffeehouseart.com
Network Blogs
<http://conscious4life.blogspot.com/>
<http://talkingtonightlights.blogspot.com/>

Wendy is asking for a ten dollar admission fee. RSVP to Tom Wolford, 913 961-8583 or send an email to tom@wolfordclinic.com

Wendy has developed her own unique approach to meditation that can awaken one to the non-physical plane and a new, more inter-connected, world view that allows for divine assistance. Her focus in teaching meditation is on how to incorporate meditation and breathing techniques to help improve your connection to the divine in all and within. This process helps facilitate healing, automatic writing, journaling and channeling. Learn more at the Wolford Clinic Happening July 28th, Wed. at 6:00 pm.

WOLFORD CLINIC- "BE STILL" MEDITATION GROUP

Beginning July 4th, I invite you to join me at the Wolford Clinic for a group Meditation at 10:00 AM. All I ask is that you have either taken my meditation class, come to Wendy's Meditation class or have had any meditation instruction. As a group we shall meditate silently for 30 minutes, there will be time for talking before and after. Become a Wolford Clinic Facebook Fan for updates

APPOINTMENTS

Open times for appointments now!

Please book an appointment as soon as possible to ensure the time you want. I am booking appointments for July 18th and after. I still have a few appointments between now and July 18th.

Note:

If you schedule an appointment before July 31th and bring in a Wolford Clinic ad in Evolving Magazine you receive \$5.00 off any of our services. Any paid referrals you make allow you to receive 30 minutes free on your next appointment.

You can book appointments by phone, 913-961-8583, email me at tom@wolfordclinic.com, or send me a message on Facebook.

REWARD YOURSELF DAY – 45 MIN. FOR \$42.00

Wolford Clinic has designated the fourteenth of every month as a "Reward Yourself Day"!

Next Reward Yourself Day – July 14th

For July's RYD I have limited times available from 1:30 to 4:30 PM

Treat yourself to a luxurious massage

- ✓ Do something nice for yourself
- ✓ Receive a shorter, more intense/focused massage
- ✓ Relieve life's aches – take a few minutes to RELAX
- ✓ Start the week off right and recover from your active weekend

45 minute appointment for \$42

Remember this pricing is only good for the monthly "Reward Yourself Day". If you cannot make it on the designated event date – no worries – schedule yourself for the next "Reward Yourself Day".

ADD-ON'S - \$5 TO \$15

- ⊗ Mini Hot Stone Massage
- ⊗ Ion-Foot Bath Package including Foot Massage and Foot scrub
- ⊗ Essential Oil Massage Raindrop Technique Therapy
- ⊗ Cellulite Massage with Essential oils
- ⊗ Meditation Classes
- ⊗ Reiki energy-work
- ⊗ Essential Oil aromatherapy

STRETCHES

I always encourage my clients to stretch their muscles, and here is a good link to some great stretching.

<http://www.mayoclinic.com/health/stretching/sm00043>

ADDITIONAL INFORMATION

To subscribe/unsubscribe to this newsletter, link to additional resources, or become a Facebook Fan/Friend of Wolford Clinic... call or email me directly.

Contact Information

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